

**VET'S INSURANCE
& REAL ESTATE**
All Classes of Insurance
House Rentals and Sales
Phones: Office 3882, Res. 3738
AL. KRYWOLT
COLEMAN, ALTA.

The Coleman Journal

Most Effective Advertising Medium reaching the People of Town and District. The Journal goes into the Homes.

VOLUME 34 - No. 45

The Journal - Coleman, Alberta Wed., July 24, 1968

single copy 10c

Leslie Owen
DRY GOODS
Ladies' and Men's
Wear
Main Street, Coleman

Tax Collections 75% Complete

Town council were pleased to learn that 75 percent of all Coleman's taxes have been paid and this is credited to the town offering a substantial discount of 10 percent if taxes were paid before July 10. Secretary treasurer Clarence Schile also informed council that the bank statement at the end of June showed a cash balance of \$41,368.

Mayor John Holyk, the town's representative on Chinook Health Unit, advised that the Unit had a very healthy surplus and that towns in the Unit would be getting a refund in the near future. The town of Coleman share will be about \$700.

Council approved payment of the quarterly hospital requisition of \$1425, the quarterly school division supplementary requisition of \$4275 and the Chinook Health Unit requisition of \$425.

A letter was received from the Crows Nest Pass Consolidated School Division advising that the division will be purchasing water and gas for the new composite high school to be built east of Coleman. Council received information advising that due to the war in Vietnam there is a shortage of gun steel and shipment of the tranquilizer gun for the town dog catcher will be delayed five to six weeks.

Reports indicated that three

buildings in town have been condemned. The fire brigade will board up the windows on these and several other vacant deserted homes in town.

Foreman Ernie Montalbetti was commended for the good work being done by town crews in oiling and maintaining the town streets.

Council will endeavor to draw up a by-law giving the town authority to force owners of vacant and unused as well as owners of other lots, to clean up the lots.

This action is being taken due to several complaints that abandoned properties have been let grow wild and are unsightly as well as a nuisance to neighboring occupied premises.

Reports indicated that the town park is being made good use of by tourists and visitors to town. A new type of garbage disposal unit is to be looked into for the park area.

K. of C. Elect New Slate Officers

St. Joseph the Worker Council Knights of Columbus elected a new slate of officers for the coming term with installations to be held this fall.

The slate includes:
Grand Knight, Joseph A. Brown, Coleman; Deputy Grand Knight, Eric Price, Blairmore; Recorder, Joseph Gibos, Coleman; Financial Secretary, John Albizzati, Blairmore; Treasurer, John Sikora, of Coleman.

Lecturer, Rev. J. Roberts, Bellevue; Warden, John Yanota, Blairmore; Chancellor, John McQue, of Blairmore; Advocate, Vern De-coux, Blairmore; Inside Guard, Robert Zak of Coleman; Outside Guard, Americo Marcial, Blairmore.

Trustees, three years, Fernand Paquette, Hillcrest; two years, Italo Sartorio, Blairmore, and one year, Matt Linderman, Hillcrest. The Chaplain will be appointed

by the Grand Knight.

The Knights' annual picnic for all persons from the Crows Nest parishes will be held at Phillips Cable Plant (Western) Ltd. grounds on July 28th. The Knights will provide ice cream, soft drinks and coffee and persons should bring their own lunch baskets.

Races, games and other entertainment for everyone is being planned.

If you get something in your eye, don't rub it says the Canadian National Institute for the Blind. Lift the upper lid over the lower one and let tears wash out the particle. If the speck doesn't wash out, keep the eye closed with a light dressing and seek medical attention.

NEWS OF THE MUSIC WORLD



Every Saturday, CBC METRONOME brings radio listeners news of the music world from cities and towns across Canada with interviews and musical illustrations. Hosts for this CBC radio network program are Alan Millar (left) and Geo. McLean.

Barb Wire Johnnies Float Wins Prize at Calgary

The Crowsnest Pass was well represented in the Calgary Stampede parade last week when the Barb Wire Johnnies entered their "BWJ Special" and took fourth prize in the community section.

The judges presented the train crew with a cheque for \$25 and a gold ribbon and commended the entry for its originality. They were advised that if the crew had been costumed in old fashioned clothing a better prize would have been awarded.

Allan Wakaluk, who engineered the train, reports that the unit with its single coach was able to keep pace with highway traffic even on the four lane highway. The train that was decked out with signs in-

cluding visitors to the Crows Nest Pass, was greeted with waves and horn blowing on the highway as well as in the parade. Mr. Wakaluk praised the city police and motorists for the courtesy that they showed.

On their return journey the BWJ Special encountered heavy wind at Claresholm where the unit was parked. It was taken to Lethbridge for the July 15 parade and was in the city for the whole week to give tours of the fair grounds.

Mrs. G. Rushton Passes in Edmonton

Mrs. Dorothy Agnes May Rushton, beloved wife of Mr. George Rushton, of 10949 - 75th avenue, Edmonton, passed away on July 1st at the age of 53 years.

Besides her husband she is survived by two sons, Donald and David; her parents, Mr. and Mrs. B. C. Simmons, and two sisters, Mrs. Harold Simmons and Miss Eunice Simmons, all of Edmonton.

Funeral service was held at Hainstocks Chapel, Edmonton, on Friday, July 5th, at 2:30 p.m. with the Rev. John E. Bethel officiating. Interment was in Mount Pleasant cemetery, Edmonton.

Mr. and Mrs. Rushton were former residents of Coleman, and will still be remembered by many here.

Almost one half of Canada's land area is forested.

Over 1,000 Attend UMWA Picnic

The Coleman Local of the United Mine Workers of America picnic, held at Knowles Ranch July 14th was attended by close to 1,000 persons including miners and their families and guests from Lethbridge, Calgary, Fernie and other points.

Races, games and contests were held for the children and adults, with prizes being given in each event. Horse-shoe contests for men and woman and nail driving contests for men and children created plenty of interest. Softball games were also held.

Ice cream, pop, hot dogs and coffee were provided by the Union and an evening picnic with baskets, brought by families, concluded the very successful annual event.

FIREMAN'S BINGO JULY 26

Coleman Volunteer Fire Brigade has completed plans for the bingo night to be held in the Elks Hall Coleman at 8 p.m. July 26 to raise funds for the activities sponsored by the brigade. Included in the sponsorships are essay and poster contests during fire prevention week, Muscular Dystrophy Fund raising campaigns, minor hockey and baseball teams.

The bingo night will feature a \$50 cash jackpot and fourteen other cash and merchandise prizes.

Forest Fires In May

OTTAWA - There were 2229 forest fires throughout Canada during the month of May, which damaged some 1,151,000 acres of woodlands, according to estimates compiled by the Department of Forestry and Rural Development.

By comparison in May, 1967, - there were 1323 fires which damaged 105,000 acres of forest.

During the current forest fire season, as of May 31, there had been an estimated 2994 fires damaging approximately 1,204,000 acres.

During the same period last year there were 1514 fires which damaged 106,000 acres.

Lynx Creek Camp Officially Opened

Using a pair of scissors presented to him by Mrs. Joyce Gibson of Pincher Creek secretary of the Southern Alberta Junior Forest Wardens Council, Ray Speaker, minister without portfolio, cut the ribbon to officially open the Lynx Creek Junior Forest Warden and Girl Guards camp.

Over 200 persons attended the events held at the Lynx Creek Ranger Station on Sunday afternoon, July 14th, and enjoyed a complete tour of the camp and its facilities.

Speakers at the event were introduced by John Dean of Coleman, chairman of the Southern Alberta Council, and included Chas. Drain, M.L.A., of Blairmore; George Brewster, Chief Warden of Edmonton; Terry Whiteley of Hinton of the Recreation Branch Department of Youth; Randy Nicholson, of Edmonton, Department of Youth Recreation Branch; William Nummi of Lethbridge, past chairman of the Southern Area Council Forest Wardens; Kurt Froese of Pincher

Creek, vice-chairman of Southern Alberta Council; Larry Nelson of Coleman, co-ordinator of the five South Alberta summer camps being planned; and Jerry Gibson of Pincher, organizer of the Lynx Creek Camp.

Following the brief talks given by the officials a barbecue supper, including barbecued beef, beans, salads and rolls, was enjoyed.

The occasion marked the completion of the first senior boys' camp. The camp this week is being used by the South Alberta 4-H Club and will be followed by four successive Forest Warden and Girl Guard camps for members between the ages of 10 - 16.

Picnic Plans Finalized for July 28

Knights of Columbus St. Joseph the Worker Council, finalized plans at an executive meeting July 19 for the annual picnic and outing for the Crowsnest Pass Catholic parishes.

The event is to be held at the Phillips Cables (Western) Limited grounds at Sentinel starting at 1 p.m. on Sunday July 28. Parishioners in the various towns in the 'Pass needing transportation for this event should gather at the Church in their towns prior to 12:30 p.m. on the day of the picnic and cars will pick them up.

The Knights will provide ice cream, pop and hot dogs for the event and families are requested to bring their own picnic baskets. John McQue will act as master of ceremonies for the events.

The Knights have adopted a six point program as advised by the

Grand Council. Overall group chairman will be Italo Sartorio and chairmen of the various committees include chaplain Rev. Walter Krewski, of Coleman; public relations, Vern Decoux of Blairmore; Membership and Insurance, Les Owen of Coleman; Catholic activities, John Lloyd of Blairmore; Council activities, Bob Zak of Coleman; Fraternal activities, Morden McNeil of Hillcrest and Family activities, Charles Amatto of Blairmore.

The council will recess for the summer months and will resume meetings in September.

Fireman's Picnic September 8

Fire Chief Henry Zak announced that the annual Coleman Volunteer Fire Brigade picnic for members and their families is to be held on Sept. 8 at the Crowsnest Lakes Pavilion.

The day's events will include races and games for everyone as well as free hot dogs, pop ice cream and coffee for all.

Nov. 8 is the date that has been set by the brigade for the annual Fireman's Ball and social. Arrangements for the annual draw are being completed.

Horseshoe Champs Named

Champions at horse-shoes at the recent miners' picnic held at the Knowles Ranch were William Skura and S. Samuels in the men's first event, and Steve Liska and F. Pavlus in the second event.

In the ladies' events, Mrs. J. Wavrean and Marge Schultz took first in the first event, with Mrs. J. Pavlus and Marilyn Liska placing second.

Eye accident harm hundreds of Canadian youngsters each year. Boys are involved in 3 out of 4 mishaps! Willie Wise Owl of The Canadian National Institute for the Blind says if your child needs glasses, get him safety glasses. They have strong lenses that are shatter resistant and will protect the eyes in case of accident.

Insects carry Dutch elm disease from sick to healthy trees.

F. H. MacLeod Completes 5th Year CGA Certificate

Fred H. MacLeod, chief accountant and office manager of Coleman Collieries Limited, has obtained his fifth year certificate as a Certified General Accountant.

Mr. MacLeod has taken the correspondence course through the University of British Columbia, and will be presented with his certificate at ceremonies to be held in October in Edmonton.

Mr. MacLeod is married and has three young daughters.

The Good Old Days

A Calgary Herald, dated Aug. 23rd, 1935, was brought into The Journal office by Mrs. Rose Cecolelone.

A few of the prices advertised in some of the advertisements in those Good Old Days were: Bacon, 17c a pound; Butter, 2 lbs. for 45c; Strawberry Jam, 4 lb. pail, 55c; Sunlight Soap, 8 cakes for 35c; Roasting Chickens, 69c each; Minced Steak, 9c a pound; Beef Blade Rib, 8c a pound; and Rump Roast, 15c a pound.

Many toys are lethal weapons in the careless hands of children. Pea-shooters, bows and arrows and firecrackers cause hundreds of eye injuries every year. The Canadian National Institute for the Blind says, don't gamble with your child's eyesight. Make sure your play time is a safe time. Teach him to use his toys correctly and safely.

OUR MAN IN VIETNAM



Working out of Hong Kong, CBC Far East correspondent Bill Cunningham (left) covers major news events throughout the Orient for CBC television and radio news. Above, Cunningham receives directions from a South Vietnamese marine in the Saigon suburb of Gai Dien. Cunningham was covering an operation by a South Vietnamese marine corps on the northeastern outskirts of Saigon when the above photo was taken.

NOTICE

IN THE MATTER of the plebiscite required to be held in connection with the plan to establish the "Alberta Hog Producers' Marketing Board".

Every producer who raised and sold hogs for slaughter during the period May 1, 1967 to April 30, 1968, is eligible to vote for or against the "Alberta Hog Producers' Marketing Plan 1968", if he registers with the Returning Officer.

Registration forms are available at

- all District Agriculturist Officers, and
- the office of the Alberta Agricultural Products Marketing Council, Edmonton.

Registration forms properly completed must be in the hands of Mr. C. H. Ferrill, Returning Officer, no later than 4:30 p.m. on August 12, 1968 at Room 505, Agriculture Building, 9718 - 107 Street, Edmonton, Alberta.

RETURNING OFFICER,
Alberta Agricultural Products
Marketing Council,
Agriculture Building,
9718 - 107 Street,
EDMONTON, Alberta.

Advertising...

Modern advertising is a necessity to hold and build business. Be proud of your business, of the goods you have to sell, of the services you have to offer in your particular line. Show the progressive spirit and the desire to serve by advertising. Do not hide your light under a bushel — proclaim far and wide who you are and what you have to sell and where your place of business is, for public memory is short, and advertising is a powerful aid to all types of businesses. Moreover, people as a general rule shop where they are invited.

ADVERTISE REGULARLY IN
THE COLEMAN JOURNAL

Sometimes weekend drivers get a bonus.

You know what it's like when you take your wife for a drive in the country. She has a nose for auctions like you wouldn't believe. Stop! she'll cry. I believe that brass bed would be perfect for Jimmy's room!

So you stop.

And one brass bed, two dining room chairs, a drop-leaf table and a lampshade later, she thinks she's ready to go.

Times like this, it's nice to have cash on hand. Use your Commerce Chequing Account to cover your known expenses — and keep a cushion in a Savings Account.

Most times, both problems and opportunities call for cash. And the family who can pay cash is the family in control.

Keep cash on hand
at the Commerce.



CANADIAN IMPERIAL BANK OF COMMERCE

THE COLEMAN JOURNAL

Published Every Second Wednesday at Coleman, Alberta
Authorized as 2nd-Class Mail by the Post Office Department at Ottawa
T. Holmsted, Publisher
Member of Canadian Weekly Newspaper Association
and Alberta Weekly Newspaper Association
Subscription Rates \$2.50 per year, Foreign \$3.00 per year. Single 10c.

The Future Of Altex

The Minister of Lands and Forests, the Hon. H. A. Ruste, has released a statement that does much to allay our fears, that Altex was going to be allowed to lease large tracts of land in Alberta with hunting and fishing rights.

Altex had applied for such leases and had not been refused when the Alberta Fish and Game felt it necessary to make the story public.

Many interested individuals and groups responded as we did in shocked disbelief that such requests were even being considered. However, the minister replied promptly and has stated clearly that leases for other than on a very controlled basis are not being considered. "Only minimal amounts of land necessary for construction of a lodge or similar buildings will be made available to any concern. Where commercial development is allowed, for example a hunting lodge, public access to all desirable areas will be preserved."

These are the statements we hoped for from the minister and we commend him for his outlook and attitude in this regard.

The minister has also stated that the claims of Altex are false, when they claim leaseholdings in Alberta. However an employee of the Alberta government was in Texas in company with the president of Altex when the lease claims were made. Had the Department of Industry and Development no knowledge of this situation?

The government still plans development of the tourist industry in the north with hunting and fishing as the drawing card. To this there can be no objection as the economy of many northern areas could use a boost. Areas could be surveyed to ensure that fish and wildlife are abundant and that such operations are economically feasible. People native to the area could then be encouraged to apply for such leases and if necessary be trained and given assistance in getting started. This would be a sensible approach that would do much to alleviate employment problems in these marginal areas.

The president of Altex, Mr. L. R. Ferrill is annoyed with the careful approach taken by the Department of Lands and Forests Wildlife division. Mr. Ferrill has already been quoted as stating he plans to approach leaders of Native Indian Communities and the holders of Hudson Bay leases in an attempt to gain a foothold in Alberta for Altex. On checking the Land Titles office in Edmonton, an

L. R. Ferrill shows up owning two tracts of land in Alberta. One plot of 161 acres on the Sand River and another of 42.3 acres on the southeast shore of Pinehurst Lake. The addresses of the two Mr. Ferrills are different and both tracts were purchased over 10 years ago. If they are in fact one and the same person, how far-sighted has Mr. Ferrill been in his attempted exploitation of our outdoor heritage?

Mr. Ferrill still has plans in the Canadian North. Recently he entertained Texas and Louisiana outdoor columnists along with one from Alberta on an air tour and fishing trip, including points in Saskatchewan and the Northwest Territories. The write-ups by some of the columnists published in the south, describe exceptional fishing and praises Altex for discovering Canada's northland.

To Texans paid hunting is the regular thing as there is little or no hunting on public land. They do not understand our objection to leasing public land for private exploitation of our wildlife resources. This is a valuable heritage, that must be safeguarded and safeguard it we must.

We strongly applaud the stand of the Hon. H. A. Ruste and are pleased Alberta has now set a precedent to follow. Our association believes in this precedent and will do all in its power to insure that this precedent is never violated.

Keeping The Record Straight

From time to time some "expert" makes the news with an announcement on the good and bad forest fires. Digging deeply into his profound knowledge on ecology he repeats a well known physical fact that dense forest growth is not conducive to other forms of life and that a primate forest results in a biological desert.

Using this background he promotes the suggestion that all forest fires may not be bad and even hints that some are beneficial. He quotes from reports and files on "controlled burning" as proof that a wide campaign to secure public co-operation in preventing all forest fires may be a case of over-emphasis, even a bit short-sighted to put it mildly. He smuggly overlooks completely that in working to secure public co-operation in the prevention of forest fires, there is no such thing as a good fire. To try and differentiate would be fatal.

Controlled burning is only done by experts, under safeguards and for specific reasons. With 80% of all forest fires still caused by careless people, and with their elimination depending on the public care, those who confuse the issue are doing forestry and the work of conservation poor service. The average citizen, increasingly dependent on the forest for his way of life, economically and socially, has a growing personal responsibility in looking after this outdoor heritage. He can act as a good citizen when using our forest areas for work or play, by always being careful with fire and by not being a litterbug. In a nutshell keeping our forests green and clean. At present our wilderness areas in the West enjoy a well balanced environment, ecologically speaking. Let's leave "controlled burning" to forestry experts, who also have the responsibility for the management and protection of our publicly owned forest wealth.

Because he advocates the prevention of all forest fires "Smokey the Bear" was recently called a "fink". The standard meaning of this slang expression is a strike-breaker, a labor spy, an informer, a stool pidgeon. How this unthinking approach applies to Smokey is as obscure as the connection between wild forest fires and controlled burning. It also states that a fink could be thoroughly unattractive person and in this category, I am sure, Smokey would place his detractors.

Alan Beaven, Manager,
Prairie Provinces
Forestry Association.

Fishermen should include protective glasses with plastic lenses and safety frames in the angling kit, says The Canadian National Institute for the Blind. They provide a protective shield against needle-sharp hooks, barbed fish lures and heavy metal sinkers, which are a real threat to eyesight.

Cash Prizes

COLEMAN LIONS



It's
Fun!

BINGO

IN THE

Coleman Elks' Hall

ON

Wed., July 31st

At 8.00 p.m. sharp

Admission - 12 Games - \$1.00

Bonus Cards 25c

\$100 Jackpot in 75 Nos.

OR LESS

5 Prizes of \$12 and 5 Prizes of \$10

and

\$40.00 Bingo in 8 Numbers or Less

Also EXTRA GAMES according to attendance.

R. E. Thibert Construction

EXCAVATING, DITCHING and DOZING
ALL TYPES CRANE WORK

We Specialize in Sewer HookUps

Write or Phone for Estimates

P.O. Box 544—Phone 563-3996

Coleman, Alberta

KANANASKIS SERVICE STATION

Dial 563-3818, Coleman

Proprietor Harold Nelson

B. A. GAS and OIL - SENTINEL TIRES

MOTORS STEAMED

COIN OPERATED

CAR WASH

Open 6 a. m. to 9 p. m. Daily

DO IT NOW

We Specialize in
BODY WORK

ON YOUR CAR OR TRUCK:

Free Estimates Given

FRED'S BODY SHOP

In our old location on Second Street, north of Elks Hall

Printing....

★ ★

If you want printing you can get it from The Coleman Journal. We employ master printers with experience who can turn out first class work at a reasonable price. The next time you need printed matter of any kind — from a business card to a full sheet poster — contact

THE COLEMAN JOURNAL

Stomach Ulcer

The stomach is the subject of more complaints than any other part of the body. It is understandable that there is a great deal of confusion and speculation about the

symptoms and causes of stomach ulcers.

Stress, worry, fatigue, poor eating habits and the other known causes are certainly contributing factors in the development of an ulcer. The Canadian Medical As-

sociation says, the key factor, however, is usually an excessive amount of hydrochloric acid in the stomach. This produces the symptom of pain, heartburn, nausea and vomiting. Many people experience these symptoms without hav-

ing an ulcer. The excess of hydrochloric acid in the stomach may only be producing inflammation. The ulcer is a small hole in the lining of the stomach, or more often in the lining of duodenum, — which is that portion of the small intestine that follows directly after the stomach.

The CMA advises that when the symptoms persist the person should see his doctor for an examination and advice regarding further tests and x-rays. The doctors will give advice regarding proper diet and drugs for treatment. Ulcers should not be neglected, even if the discomfort is small, because of the dangers of hemorrhage and perforation.

The Homemaker



(Miss Patricia L. Peters, District Home Economist, Box 40, Clareholm, Alberta. Phone 225-3942. Cardston, Phone 653-9462. Pincher Creek, Phone 627-3130 or 627-4722.)

Brighten up your home by using aerosol spray; the easiest and fastest way to help keep your house spotless.

Aerosols are self-contained products in which the propellant force is a liquefied gas under pressure, which pushes the product out of the can in a fine spray when the button is pushed to release some of this pressurized gas. This gas, in most cases, is what is known as "Freon" or fluorocarbon propellant.

By using aerosols to clean a variety of things — anywhere from baseboards to porcelain and windows — you can eliminate pails of water, repeated rinsings and cleaning with wash rags. It also means that the homemaker can keep her hands out of hot water and strong cleansers.

Aerosols are not only handy cleaners but just with a few squirts you can moth proof clothing, as well as water proof it. Aerosols also provide for easy use of metal cleaners, lubricants, anti-rust and anti-odor sprays.

Be a whizz at interior decorating by using aerosol packaged paints to do small jobs like shelves, furniture, picture frames and decorations without fuss, bother and brush marks. Remember these points are not intended for large areas.

Aerosols can be dangerous just as other cleaners are. Read the labels and use as directed. Do not store the cans in a warm place or in the hot sun as they might explode. This is especially important to remember during the summer months when we use the popular spray insect repellents and tanning oils which now come in aerosol containers and which could easily be left exposed to the sun, particularly in the car. Never throw them in an incinerator or fire, and most important — keep them out of the reach of children.

Another note of interest to the homemaker is that milk is now being successfully packaged in polyethylene bags. With this system, the milk comes in a flexible pouch made of plastic film. Each pouch contains one quart and normally two or more pouches are sold as a unit in a larger plastic bag. This is inexpensive packaging and it means a saving to the consumer as well as the elimination of broken glass and bottle washing.

Legion Announces Bingo Winners

Winners of prizes at the Legion bingo night were \$10 each to Mr. Van De Hagen of Vancouver; Geo. Brewer of Fernie, Betty Aschacher, Mary Atkinson, Mrs. W. Garner, Mrs. A. Miller, Mrs. Bevelacqua, Mrs. P. Letcher.

\$5 each, Mrs. Parry, Mrs. Farana, Mrs. Stehlabovich and So-fie Lepacek.

The next bingo night will be held on August 2nd when besides the \$10 cash prizes, a jackpot of \$150 will be offered for the first blackout in 56 numbers.

Lions Name Bingo Winners

Mrs. Irene Letcher of Fernie, was the lucky winner of the \$100 jackpot at the Lions bingo night. Other winners include:

\$12 each, Mrs. Robertson, Rina Jean Macleod, \$10 each, Lindy Polack, Christine Scogg, Frances Cole, Anne Hurtak, Mrs. Reno and Muriel Russell.

\$6 each, Mrs. Karasz, Joe Brown, Mrs. R. Cox, Edna Campbell.

\$4, Gina Lord, Joe Brown, Marge Gates, Marge Kubica, Helen Neddo and Mrs. Berdusco.

The next bingo night to be held July 31, will feature five \$12, five \$10, a \$100 to go, a \$40 eight number, or less bingo as well as other games according to attendance.

Children's Shoes

CHOOSE FOR FIT—NOT FOR STYLE

A normal child can walk perfectly without shoes, says The Canadian Medical Association. In many parts of the world this is normal practice. However, in Canada, with concrete walks, steps and paved road, not to mention snow, some protection for the foot is necessary. Therefore we have shoes.

Children's shoes should be designed for protection of the foot from hard and irregular surfaces. They should be comfortable and allow for normal growth. Any shoe that does not fulfill these requirements is bad for the child's foot, regardless of the price tag.

Children do not need shoes for the first 10 to 12 months of life, until they can stand. They do not need shoes while playing on the lawn or in the sand during warm weather. It's good for them to run bare-foot.

Frivolous shoe designs such as pointed shoes are bad for children's feet because they interfere with normal growth, and compress the bones of the foot into abnormal positions during important periods of growth and development. These shoes should be avoided regardless of the pressures to conform with fashions. The addition of wedges and lifts to children's shoes should be considered only on the advice of a physician to correct specific conditions — not for cosmetic purposes.

It should be remembered says the CMA, that during the first two or three years of life, children's feet normally look as if they are flat. However, they are flexible, they cause no trouble, and usually require no treatment of any kind.

Engagement Announcement

Mr. and Mrs. Norman Johnston of Manitou, Man., wish to announce the engagement of their eldest daughter Gloria Gayle to Joseph Micheal Wavrecan, only son of Mr. and Mrs. Joseph Wavrecan of Coleman. Wedding will take place on August 17th, at St. Luke's Roman Catholic Parish in Calgary at 4 p.m. Rev. Father Dennis Fleming will officiate at the double ring ceremony.

Legal Notice

NOTICE TO CREDITORS AND CLAIMANTS

IN THE MATTER OF THE ESTATE OF Geoffrey Leopold Knowles, diesel driver, deceased, who died on the 26th day of May, A.D. 1968.

TAKE NOTICE that all persons having claims upon the Estate of the above named must file with the undersigned by the 2nd day of September, 1968, a full statement of their claims and of securities held by them.

T. J. Costigan, Q.C., Solicitor for the Executor, Blairmore, Alberta.

Pass Hotel

Blairmore, Alberta (Sonny) Richards, Mgr. Modern Coffee Shop Rooms with Bath Reasonable Rates

BUILDING CONTRACTORS

Builders' Headquarters Colli's Building Supplies



Attend Church

ST. PAUL'S United Church

Morning Service—10 a.m. Sunday School—10 a.m. You are All Welcome.

ST. ALBAN'S CHURCH COLEMAN

10.00 a.m. Each Sunday. You are All Welcome.

COLEMAN CHRISTIAN ASSEMBLY

Family Bible Hour — 11:00 a.m. Lord's Supper — 12:30 p.m. Evening Service — 7:00 p.m. Holding Fast the Faithful Word — Psalm 1:2. Holding Forth the Word of Life — Philippians 2:16.

JEHOVAH'S WITNESSES Coleman

Meetings at Kingdom Hall Every Sunday at 10 a.m. Every Friday at 7 p.m.

LUTHERAN SERVICES

Held in the Anglican Church 7:30 p.m. Each Sunday Rev. Karl Keller Phone 627-4278 Pincher Creek.

Coming Events

The C.W.L. will hold a Bazaar and Tea in the Catholic Hall on Saturday, October 19th, from 2:30 to 5:30 p.m.

St. Paul's United Church Women will hold a Pie Social, Home Made Candy and Bake Sale in the Church hall on October 28th from 2 to 4:30 p.m.

St. Paul's United Church Women will hold their annual Fall Bazaar with Bake Table, Fancy Work and Novelty Table in the Church hall on November 16th.

The Anglican Women's Church Christmas Bazaar will be held on Saturday, November 23rd, in the Elks Hall from 2:30 to 5 p.m. See 50c. Bake Table. Please donate.

STOP!

Coleman Esso Service GO!

Reliable Imperial Products and Service including a Licensed Mechanic.

Your Satisfaction is Our Business.

RAMBLER SERVICE CENTRE

PHONE 563 3828 OTTO KRUG, Prop.

Harder's SEPTIC TANK PUMPING

George Harder, Prop. Phone 564-4625 Bellevue, Alberta

Dental Arts

Dental Laboratory Suite 4, Metropolitan Bldg. 5th St. S. - LETHBRIDGE. Art Dietrich, Mgr. 328-4086

PRESCRIPTION SERVICE

PHONE 563-3619 RESIDENCE 563-3491

Coleman Pharmacy

- O-K -

RUBBER STAMPS

PROMPT SERVICE THE JOURNAL

If you were born in

1902



You should apply now for your OLD AGE SECURITY PENSION

By applying now, you will receive your first payment in January, 1969, when persons who have reached the age of 66 become eligible for Old Age Security.

If you were born in 1903

... make application for your Old Age Security pension six months before your 66th birthday.

An application form for your Old Age Security pension is available at your local Post Office, or you can write to the Regional Director of Old Age Security in the capital city of your Province. Along with your application form you will receive a pamphlet giving you full information about the Old Age Security pension program.

GUARANTEED INCOME SUPPLEMENT

As soon as your Old Age Security pension is approved, you will be sent information about the Guaranteed Income Supplement and an application form. You may be entitled to a supplement which, together with your Old Age Security pension, will guarantee you a monthly income of at least \$107.10.

ISSUED BY THE HON. JOHN C. MUNROE, MINISTER

THE DEPARTMENT OF NATIONAL HEALTH AND WELFARE



Just married. (to the convenience of electricity)

Friends of the Bride Friends of the Groom

Electric Percolator
Perks to perfection, then keeps the coffee "just-right hot" automatically. It's convenient. It's electric!

Electric Iron
Exact heat control to iron everything from dainty negligees to heavy jeans. It's convenient. It's electric!

Electric Mixer
Pancakes or puddings mixed or blended to creamy goodness in seconds. It's convenient. It's electric!

Barbecue with Electric Rotisserie
An electric-rotisserie barbecue makes every man an expert outdoor chef. It's convenient. It's electric!

Electric Lawn Mower
A lightweight, quiet mower that keeps lawns trim and tidy with less effort. It's convenient. It's electric!

Electric Carving Knife
A knife that gives every "gay blade" the skill of a master-carver. It's convenient. It's electric!

Pure Electricity - Pure Convenience!

CALGARY POWER

Personalities IN THE NEWS

Mr. and Mrs. T. Rafferty recently visited at Calgary and attended the Stampede.

Mr. and Mrs. Joe Jenkins of Vancouver, B. C., visited relatives and friends in Coleman and Blairmore last week.

Mr. Foss Boulton and three daughters of Seattle, Wash., U.S.A., visited the former's mother, Mrs. Lottie Boulton last week.

Mrs. Rebecca Holly has returned from a three-month visit at the home of her son-in-law and daughter, at Calgary.

Mr. and Mrs. Raymond Blas and family recently spent the week-end visiting with the former's parents, Mr. and Mrs. Henry Blas and Mr. and Mrs. Roy Upham, sister and brother-in-law, before leaving for Toronto. Mr. Blas will complete his last two years in the Anglican Ministry. While here, a family dinner was held at the home of Mr. and Mrs. Roy Upham.

Mrs. H. Newsome recently visited relatives in Calgary.

Mr. and Mrs. H. W. Young have left Coleman and taken up residence in Vernon, B. C. Mrs. Young (nee Blanch Clary) resided in Coleman for approximately 40 years. She was a former member of Victoria Rebekah Lodge here.

Mr. and Mrs. William Lonsbury of Edmonton, were in town last week visiting friends and relatives in Coleman and Bellevue.

Mrs. Kate Johnston visited at Calgary at the home of her daughters, Miss Laura Johnston and Mr. and Mrs. Frank Gimmell and family. She enjoyed two days at the Stampede and states the exhibits were very interesting this year.

Mr. Ray Spillers of Dawson Creek, B.C. was in town last week renewing old acquaintances.

Mr. and Mrs. Laurence (Lorne) Caroe from Scabara, via Toronto, Ont., visited the former's parents Mr. and Mrs. L.A. Caroe and other relatives in Coleman.

Mr. and Mrs. J. W. Bellamy visited relatives in Port Arthur and Fort William, Ont. and other Eastern points.

Mrs. Rose Glover and Mrs. R. Cook from Calgary visited Mrs. M. Godfrey in Coleman, Mrs. M. Glover in Bellevue and other friends in the Pass last week.

Mr. and Mrs. Ed. Ledieu recently had as their guests, their daughter and son-in-law Mr. and Mrs. R. Potter from Red Deer and their son and daughter-in-law Mr. and Mrs. Ed. Ledieu, jr. from Flin Flon.

Mr. and Mrs. J. Vanhatalo of Vancouver, B. C. visited their sister-in-law Mrs. W. Halsteln. They also visited Mr. Halsteln who is a patient in St. Vincent's hospital at Pincher Creek.

Mr. and Mrs. Edward Dumont and family of Edmonton spent the past week the guests of the latter's father, Mr. John Kovack.

Mrs. A. Sudworth recently had as her guests her nephew and wife, Mr. and Mrs. Melvin Makin and family from Ontario. They were enroute to Jasper to visit Mr. Makin's mother.

Mr. Foss Boulton and three daughters of Seattle, Wash. accompanied by his mother Mrs. Lottie Boulton were recent visitors at Waterton Lakes National Park.

Mrs. C. Filewich was a recent visitor at Creston, B.C.

Expansion Plans For University Of Alberta

Alberta Minister of Public Works, the Hon. F. C. Colborne, has officially announced the preliminary plans to facilitate expansion at the University of Alberta over the next 15 years. The over-all design concept involves a long range development plan in Edmonton's North Garneau district. The area comprises some 40 acres of land adjacent to and immediately east of the present campus.

The plan provides for three independent building programs to accommodate academic facilities, housing and parking. The first stage of construction will be a new law building. Work on this structure is expected to begin in early 1969, and the cost of construction is an estimated \$3.5 million.

Other academic facilities in the expansion program include buildings for agriculture, business administration and commerce, humanities and social science library and fine arts. The residential phase of development will ultimately provide accommodation for 2500 students.

Close to 80 per cent of the land for university expansion in the North Garneau district has already been acquired for development.

The cost of total land acquisition with some 66 properties still to be included, amounts to approximately \$6 million.

With the unveiling of the long-range development plan by the Department of Public Works, the University of Alberta Campus Planning committee will now have at their disposal a basic design concept outlining specific areas for academic, residential and parking facilities. The plan is based strictly on projected figures of growth at the university, and provides a method of organization with guiding principles, rather than detailed and specific plans for future buildings.

During the past 10 years the University of Alberta has maintained a rate of growth of about 12 per cent annually. If growth continues at this rate, the University is expected to reach an enrolment of 21,500 full time students during the 1972-73 academic year.

**MEAT and
GROCERIES**
Free Delivery

ZAK'S

Dial 563-3628
or 563-3817

2 Phones for Customer Convenience

Meats & Grocers Ltd.

THE BUSY LITTLE STORE ON THE CORNER THAT "DEALS ON THE SQUARE"

SPECIALS Good for July 25, 26 and 27

**Kimberly-Clarke
Paper Products**

TOILET
TISSUE, Ballet
8 ROLLS for

99c

**KLEENEX
Facial Tissue
3 FOR.....**

\$1.00

Campbell's Beans

Bar-B Que, 14 oz.

Pork & Beans, 14 oz.

4 Tins \$1.00

Campbell's Soups

Tomato, Vegetable

6 Tins 89c

**Glide Spray
STARCH**

24 oz. 79c

Rose Relishes

Hot Dog

Sweet Green

Hamburger

12 ounce Jars

3 for \$1.00

PINEAPPLE

Sliced or Crushed

14 ounce Tins

4 Tins 85c

**TIDE
King Size**

Per Pkg. \$1.59

**JAVEX
BLEACH**

Per Gal. 79c

A Real Bargain

PEACHES or PEARS, 15 oz.

4 Tins for \$1.00

**Chocolate
TOPPING**

3 Jars for 89c

Mushrooms

3 tins \$1.00

SUGAR, B.C.

10 lbs. 99c

BUTTER

First Grade

Pound 69c

Nabob Coffee,

Per Lb. 82c

Milk, Carnation

6 Tins \$1.09

BREAD White or Brown **4 Loaves \$1.00**

TINY SHRIMPS

2 Tins - 99c

East Point

HIENZ KETCHUP, 15 oz., 2 for 79c

LIQUID ENCORE, 48 oz. - - 81c

WHOLE CHICKEN, Burn's, 3 1/2 lbs. \$1.05

Sweetheart Soaps

FACIAL

Reg. Size, 4 BARS..... 49c

LIQUID SWEET-HEART, 32 oz..... 89c

LIDO BISCUITS, 3 Packages \$1.00

Miracle Whip

32 oz. jar 63c

PREM

2 tins 99c

Sweet Orange Juice, York,

48 oz. Tins, 2 for 75c

CANNED PICNIC HAMS

Burn's, 1 1/2 Lbs. \$1.39

SALMON, Red Sockeye, Ocean

King, 1/2 s, 2 Tins \$1.09

FLOUR, Purity or Five

Roses, 20 Lb. Bags \$1.59

MARGARINE, Colored

So-Fresh, 3 Lbs. for 85c

NO ROBIN HOOD. We are going out of this size. Have only a few left to clear out.

Peas or Cream Corn, 15 oz., 5 Tins for 85c

Bick's Polski Ogurki, 64 oz. Jug, only 99c

Try our Meats & Home-Made Products

NOW. Maple Leaf Meats that Satisfy Everyone.

BALOGNA, Piece, lb. 42c

PORK CHOPS, lb. - 69c

BACON, 1 Lb. Package 83c

LARD, 4 lbs. for - 69c

WIENERS, Visking, 2 lbs. 99c

LIVER, per lb. - 59c

CLOSED FOR HOLIDAYS

Our MARTINIZING PLANT will be closed from
Monday, August 5 to Saturday, Sept. 10

but during this period our

**DRY CLEANING, COIN WASH and CAR
WASH will remain**

OPEN FOR BUSINESS

Blairmore Cleaning Centre

PHONE 562 2911, Blairmore, Alberta

TO OUR ADVERTISERS AND SUBSCRIBERS

We will be

Closed for Holidays

from August 12 to August 24

Our next issue after this date will be on September 4

Attention Mothers!

THE CHINOOK HEALTH UNIT

Will hold a Well-Baby & Pre-School Clinic

ON	AT	IN	FROM
AUG. 1 CLARESHOLM	Elementary School	1:30-3:30 p.m.
AUG. 6 FORT MACLEOD	Health Unit Office	1:30-3:30 p.m.
AUG. 7 PINCHER CREEK	Health Unit Office	10:30-11:30 a.m. & 1:30-3:30 p.m.
AUG. 8 BLAIRMORE	Health Unit Office	10:30-11:30 a.m. & 1:30-3:30 p.m.
AUG. 9 BELLEVUE	Town Hall	1:30-3:30 p.m.
AUG. 13 COLEMAN	Miners Hall	10:30-11:30 a.m. & 1:30-3:30 p.m.
AUG. 14 PINCHER CREEK	Health Unit Office	10:30-11:30 a.m. & 1:30-3:30 p.m.
AUG. 15 CLARESHOLM	Elementary School	1:30-3:30 p.m.
AUG. 20 FORT MACLEOD	Health Unit Office	1:30-3:30 p.m.
AUG. 21 PINCHER CREEK	Health Unit Office	10:30-11:30 a.m. & 1:30-3:30 p.m.

PREVENTIVE DENTAL HEALTH SERVICES - May 23rd to August 30th - For Appointments Contact the Offices of the Chinook Health Unit.

Let The Journal Handle Your Printing